






October 2024



| Mon | Tue | Wed | Thu | Fri |
|--|--|--|---|--|
| | <p>1</p> <p>Fish Sticks w/Ketchup Buttered, Seasoned Pasta Green Peas</p> <p>Milk Pear Chunks</p> | <p>2</p> <p>Lazy Lasagna w/Ricotta & Meat Sauce (HM) Green Beans Garlic Bread (WG)</p> <p>Milk Honeydew Melon</p> | <p>3</p> <p>Ham & Swiss Melt (WG) Pickles French Fries</p> <p>Milk Pineapple Rings</p> | <p>4</p> <p>Pasta Alfredo w/Chicken Steamed Broccoli Bread and Butter</p> <p>Milk Pears</p> |
| <p>7</p> <p>Chicken Parmesan Seasoned Pasta (WG) Steamed Cauliflower</p> <p>Milk Pineapple</p> | <p>8</p> <p>Turkey & Cheese on Wheat Bread (WG) Baby Carrots (Parboiled for I/T) Chips</p> <p>Milk Sliced Strawberries & Cream</p> | <p>9</p> <p>Swedish Meatballs Rice Pilaf (WG) Peas</p> <p>Milk Warm Applesauce</p> | <p>10</p> <p>Seasoned Chicken Mashed Potatoes Broccoli Florets</p> <p>Milk Mandarin Oranges</p> | <p>11</p> <p>Professional Development Day</p>  <p>Center Closed</p> |
| <p>14</p> <p>COLUMBUS DAY / INDIGENOUS DAY</p> <p>CENTER CLOSED</p> | <p>15</p> <p>Chicken Nuggets w/Sweet & Sour Sauce Buttered Egg Noodles Steamed Cauliflower</p> <p>Milk Peaches</p> | <p>16</p> <p>Mac & Cheese (HM) Green Beans Bread & Butter (WG)</p> <p>Milk Pineapple Tidbits</p> | <p>17</p> <p>Sloppy Joes on Roll Peas French Fries</p> <p>Milk Apple Slices</p> | <p>18</p> <p>Cheese Quesadillas on (WG) Tortilla Lettuce/Salsa/Corn Mexican Rice</p> <p>Milk Fruit Cocktail</p> |
| <p>21</p> <p>French Toast (WG) w/Syrup Cottage Cheese w/ Honey Drizzle Hash Browns</p> <p>Milk Warm Applesauce w/ Cinnamon</p> | <p>22</p> <p>Naan Bread Three Cheese Pizza Broccoli</p> <p>Milk Plain Yogurt w/ Blueberries</p> | <p>23</p> <p>Taco Salad (seasoned hanburg, cheddar cheese, lettuce, mild salsa) Soft (WG) Tortillas for Tods Mexican Seasoned Corn</p> <p>Milk Pears</p> | <p>24</p> <p>Grilled Cheese Tomato Soup Peas Goldfish (WG)</p> <p>Milk Peaches</p> | <p>25</p> <p>Meatball Grinder on a (WG) Roll Buttered Green Beans Tater Tots</p> <p>Milk Orange Slices</p> |
| <p>28</p> <p>Chicken Nuggets Seasoned Rice (WG) Green Peas</p> <p>Milk Mixed Fruit</p> | <p>29</p> <p>Meatballs in Gravy Mashed Sweet Potato Steamed Cauliflower Warm Wheat Roll (WG)</p> <p>Milk Pineapple</p> | <p>30</p> <p>Texas Toast Pizza w/ Turkey Pepperoni & Mozzarella Cheese Broccoli</p> <p>Milk Orange Wedges</p> | <p>31</p> <p>Pancakes w/ Syrup Hash Browns Yogurt</p>  <p>Milk Fresh Fruit & Halloween Treats</p> | <p>Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.</p>  <p>Whole Grain = WG Home Made = HM</p> |